

Walking for a good cause (10K)

Raising money for:

1) Another Night of Sisterhood (ANOS):

- Charity supporting families who have experienced the effects of gun and knife crime directly with immediate practical support.
- Raise awareness through coffee mornings, presenting at local schools and organizing outreach programs.

2) The Flavasum Trust:

- Support families effected by gun and knife crime directly through mentoring, counselling and other social programs.



- **Date: Sunday 5th August 2018**
- **Time: 12PM**
- **Location: Hainault Forest, Romford Road, Chigwell Essex, IG7 4QY (Meet at the Global Café)**
- **Chigwell tours – 0208 502 3903**
<https://chigwelltours.co.uk/>